#### Offer vs Serve

### **Breakfast - Fruit or Juice REQUIRED**

4 Components Offered - Must Choose a Minimum of 3

- \* Fruit or Juice REOUIRED
- \* Grain
- \* Grain or Protein
- \* Milk

#### Lunch - 1 Fruit, Juice, or Vegetable REQUIRED

5 Components Offered - Must Choose a Minimum of 3

- \* Fruit or Juice
- \* Vegetable
- \* Grain
- \* Protein
- \* Milk

"One Two Three - Got a Green? Good to Go!"

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